

California Career Zone

Exploring Strengths, Interests, and Careers

Career planning is a lifelong process. Part of this process involves reflecting on your interests, skills, and values. In addition, it includes the exploration of the world of work and what it takes to obtain the types of jobs you are interested in. The following activities will help you get started on this journey.

1. Using a Chromebook or computer, navigate to www.cacareerzone.org
2. At the top right, click 'SIGN IN NOW'
3. In the dialog box that pops up, click 'CREATE AN ACCOUNT'
 - a. Please write down or send an email to yourself with your log in credentials so you can get back into this site at a later date.
4. Once you successfully create your account, you will be taken to the 'CAREER HUB'. You will be completing some interest and skill based surveys.
5. Hollands Code assessment?
6. Hover over 'EXPLORE' on the top toolbar and then click on '**Interest Profiler**' which is located under 'Assess Yourself'
 - a. The Interest Profiler is a survey designed to help you explore your interests and see how they are related to the world of work and potential careers.
 - b. Click on 'Begin' to start a new Interest Profiler- You will complete the 60 question short survey
 - c. When done click 'Summarize' and complete the Interest Profiler portion of your assignment sheet.
7. Again, hover over 'EXPLORE' on the top toolbar and click on '**Work Importance Profiler**'.
 - a. This survey is designed to help you explore what is important to you in a job and then provides a list of jobs that match your work values.
 - b. Click on 'Start a New Work Importance Profiler'.
 - c. When done, complete the Work Importance Profiler portion of your assignment sheet.
8. Hover over 'EXPLORE' on the top toolbar and click on '**Skills Profiler**'.
 - a. This survey is designed to help you explore your skillset and identify jobs that utilize these same skills.
 - b. Click on 'Start a new Skills Profiler'.
 - c. When done, complete the Work Importance Profiler portion of your assignment.
9. Complete the 'My Summary' report portion portion of the assignment on page 3.

Name _____

California Career Zone Career Exploration Student Assignment Sheet

Interest Profiler

1. List your top 3 interest areas along with a brief description of each (this can be found by hovering over the interest area).

a. _____

b. _____

c. _____

2. When you click 'View Occupations', what are the top three occupations listed?

3. Select 3 or 4 of the listed occupations and click 'Compare Selected'. What have you discovered about yourself after reviewing these careers?

Work Importance Profiler

1. What are your top two work values: _____ and _____

2. After reviewing the definition of each, do you feel that these values best describe what is important to you in a job? Explain.

3. After you click 'View Occupations', reflect on the careers listed. What similarities do you see with this list and the list presented after completing the Interest Profiler.
4. Select one career to click on and read about. List the career and provide a summary of duties and responsibilities below.

Skills Profiler

1. Which skills are you strongest in? Do you agree or disagree with this assessment?

Once all three assessments are complete, navigate to the CareerHub and click on 'My Summary Report'.

1. What are your top career clusters that contain the most occupations from your assessment results?
2. Click on one of these career clusters and explore various careers that are listed. (focus on job description, education/training needed, potential salary, etc)
3. What are some of the 'fastest growing' careers in this cluster?
4. What correlation do you notice between Job Zone (training level) and average wage?
5. Are there any careers of interest that you would like to learn more about? List 1 or 2 below along with a brief description of each.